

## November Rides 2008

# Start at 7.30am

# For the Winter

Los Alamos Road and Whitewood east of I 215 at Murrieta

Post office

Every Saturday 7.30am

### Domenigoni Drag Strip(Flat and Fast)

The Saturday ride will be the same each week, and will be designed to help encourage speed, and group riding with either a single pace line or a double pace line where road width permits. The ride will start as always at IE Bikes parking lot, and take Whitewood (no turn onto Clinton Keith Road) and continue on to the left turn and up to Antelope where right to Keller to Menifee to Domenigoni Parkway, 8.00am to the end. Turn at Sage 8.40am and back the same way. 9.10am turn left off Domenigoni and South on Menifee, right onto Keller and left onto Antelope and left onto Clinton Keith Road. Right onto Whitewood and back to the parking lot at 9.40am. Anyone may jump out and turn early to join the "chain gang" on the way home. It has been proposed that we try this experiment for the next five years and if it doesn't work we will revert back to the old system, and hope more than five show up for the workout. Meantime tell all your friends and come out and swell the numbers yourself too. See you racers and hangers on, Saturday.

Approximate arrival times during Summer with a 7.30am start. 8.00am corner of Menifee Road and Domenigoni Parkway. 8.40am Domenigoni and State Street 9.00am Domenigoni and Menifee Road again, 9.40am back at the shop.

On the ride out it's b---'s to the wall, no waiting for flat tires, those cursed can join the fun after the turnaround. On the way back courtesy is extended to those with flats, we will wait, but shout loud to let everyone know, because it's windy up front!

Invite your friends from other clubs and other cities; let's try to develop a good reputation for a great workout, and one that other local racers will enjoy participating in.

So far attendance in the Saturday training ride has been little short of phenomenal with three times the past turnout of riders, twenty riders is becoming typical. Speed has been 24 to 25 mile per hour average but most have hung with the group even if they skipped a few turns at the front.

Martin